

Speed Painting Fruit & Vegetables: The Art Strategic Bold Watercolor

Instructor: Allison Maletz

Materials List

- Hard pencil or mechanical pencil (HB or 2H)
- Kneaded eraser
- 9 x 12"–11" x 14" Paper

This is the best: [Arches Watercolor PAD](#), 140 lb. Cold Pressed, 9" x 12" (the "block" is triple the price, don't buy that) (12 sheets) (\$17–\$20)

Distant seconds are:

[Legion Stonehenge Aqua Watercolor Block](#), white (\$23)

OR:

[Fluid, 140 Cold Press](#), 9" x 12" (\$14)

- Tray/palette: A metal travel palette with a lid and at least 12 wells

[Mijello Airtight Watercolor Fusion 18-Well Watercolour Palette](#) (\$12)

OR:

[Color Around Aluminum Watercolor Palette 26 Well](#) (\$15)

- A range of watercolor brushes, sizes varying from round and flat: 0 round, 4 or 6 flat, 10 round, 20 Flat, for example (you will know them from oil brushes because the bristles on water-based brushes are very soft to the touch).

I recommend:

[Princeton Art and Brush Co. Princeton Series](#) 9000 Brown Handled Brush, Set of 7

(\$8–\$12)

AND:

[Silver Brush Size 6 Round, Black Velvet brush](#) (\$18)

- 1 water container, a plastic cup or coffee tin (anything out of the recycle bin will do)
- Watercolor paint tubes. I would recommend buying a box of 8–15 small tubes of all the basic colors. ***At the very minimum you must have primary colors: Cadmium Red Deep, Cadmium Yellow, Ultramarine Blue, Lamp Black, and Burnt Umber. (No White, Naples Yellow, or "Flesh Tint"). I recommend opening the tubes of paint in the store to make sure the colors look "primary" aka, that the red is really RED and not an orangey

red, etc.

Colors I use (and you can add them to your palette in this order; this is not mandatory, mainly for those who are curious): Burnt Umber, Burnt Sienna, Crimson, Deep/Permanent Red, Alizarin, Opera, Vermilion, Deep Yellow, Light/Lemon Yellow, YellowOcher, Olive Green, Sap Green, Shadow Green, Viridian, Ultramarine Blue, Cobalt, Prussian Blue, Violet, Payne's Gray, Black

Right now, in the demos I'm using Sennelier and Holbein:

[Sennelier Watercolor Metal Box 12 Tube Set](#) (\$80)

OR:

[Holbein Artist's Watercolors Set of 12 5ml Tubes](#) (\$56)

I love this brand, and recommend it to all my students: [Shinhan Pro Watercolor](#) 7.5ml Set of 13 (\$24)

[Winsor & Newton Cotman Watercolor Paint Set](#), 10 Colors, 5ml (0.17-oz) Tubes, 0.17 Fl Oz (Pack of 10) (\$18)

[Shinhan Professional Watercolor Paint](#) 7.5ml Tubes, 30 Color Set (\$32)

***Avoid:** Reeves and Michaels Brand (Artist's Loft) paints. They are very frustrating to work with, and have no longevity.

- Kitchen paper towels
- [Masking fluid](#) (I have no brand allegiance.)
- Rubber cement eraser (to remove masking fluid)

OPTIONAL:

- [Clamp light](#) or desk lamp or ring light for additional light
- [Blow dryer](#)